

Eco-Friendly Moving

Why we care

Interest rates are at a record low, and the housing market is getting stronger, which means lots of people are moving. But without proper planning, buyers may end up relying on single-use packaging, and household goods may end up in the landfill.

Simple, positive steps

Use moving as an opportunity to purge. Ask yourself when the last time was that you used an item. Is it worth the space it takes up? Here's how to keep the stuff you *don't* want out of the landfill.

- **Recycle** at the curb (paper, cardboard, glass jars and plastic bottles), or head to a depot for hard-to-recycle items. Electronics, mattresses, carpet, sheet rock and non-reusable clothing are just a few of the items you can recycle. See [Beyond Curbside](#) or call Metro at 234-3000.
- **Sell.** Hold an estate or garage sale, or sell individual items on Craigslist or at a consignment shop.
- **Give it away.** See [Donating and Selling Household Goods](#) for ideas.
- **Hire a service.** Overwhelmed? Hire an expert, such as [Home Alchemy](#).

Avoid buying new boxes you will only use once. Ask your local grocery store for produce boxes, rent from [Alienbox](#), or buy used boxes from [Carton Service](#). Check the “free” section on Craigslist to both obtain and get rid of moving boxes.

Getting the things you *do* want to your new home. Have friends who bike? Check out [Move by Bike](#). Or, rent a truck or van through the car sharing company [Zip Car](#).

Questions or feedback? Contact Jeanne Roy at jeanne@earthleaders.org.